

# 2023 INTENTIONS

What you think about, you become.

This year I will...

My word for  
2023 is...

I am grateful that 2022  
reminded me...

I affirm that...

I am grateful  
for money because it allows me

This year I will spend more time...

An idea that I will give attention to is...

Place your 2023 Buy From a Black Woman Intention Worksheet somewhere that you will see it everyday.  
Remember that your ideas want your attention.